



The third conference of the **Alister Hardy Religious Experience Research Centre** at the **University of Wales Trinity Saint David** will take place on July 3rd 2016 in the Old Hall in the Old Building of the Lampeter campus from 10 am to 4 pm. The topic will be the Spirituality and Wellbeing. The aim of the day will be to discuss the link of spirituality to health from different disciplinary approaches.

The day will begin with the **Revd Canon Dr Joanna Collicutt** who will give the annual **Alister Hardy Lampeter Lecture**. She will speak about “Being mindful and Christian”. The Revd Canon Dr Joanna Collicutt is Karl Jaspers Lecturer in Psychology and Spirituality at Ripon College Cuddesdon. She studied experimental psychology and theology at Oxford University, and clinical psychology at the Institute of Psychiatry, University of London. She is a chartered clinical psychologist and specialist neuropsychologist, registered as a practitioner with the Health Professions Council. After many years working in the health service, Joanna moved into the field of psychology of religion. Her interests are wide ranging, reflected in publications on cognitive behaviour therapy, brain and behaviour, natural theology, psychological approaches to the Bible, psychological trauma, the spirituality of children and people with special needs, and medical ethics. Joanna is also an associate priest in a west Oxfordshire parish.

Other speakers are **Rev Dr Jeff Leonardi** on Psychological health, wellbeing and the importance of spirituality, **Prof Chris Roe, Northampton** on The interface between anomalous experiences and psychological wellbeing, and **Dr Penny Sartori** on the benefits of Near-Death Experiences. Dr Thomas Jansen will conclude the presentations with a response.

The conference is free of charge and open to the public.

It is possible to book accommodation on campus (Bed & Breakfast for £40 per person per night). For information please email RERC@uwtsd.ac.uk. Information about how to travel to Lampeter can be found here: <http://www.uwtsd.ac.uk/lampeter/travelling-to-lampeter/#d.en.31657>





Spirituality and Wellbeing

One-day conference of the Religious Experience Research Centre, the School of Theology, Religious Studies and Islamic Studies and the Research Cluster “Spirituality, Health and Wellbeing” of the Faculty of Humanities and Performing Art

3rd July 2016 (Old Hall, Lampeter)

10.00 Tea/coffee

10.30 Welcome by Prof Bettina Schmidt, Director of the Religious Experience Research Centre

The Alister Hardy Lampeter Lecture

10.45 The Revd Canon Dr Joanna Collicutt, Karl Jaspers Lecturer in Psychology and Spirituality at Ripon College Cuddesdon
Being mindful and Christian

11.30 Discussion

12.00 Rev Dr Jeff Leonardi, UWTSD
Psychological health, wellbeing and the importance of spirituality

12.45 lunch break (lunch will be not provided)

2.00 Prof Chris Roe, Northampton
Clinical parapsychology: The interface between anomalous experiences and psychological wellbeing

2.45 Dr Penny Sartori, Swansea
How we can all benefit from the message of Near-Death Experiences (without having to nearly die!)

3.30 Respondent: Dr Thomas Jansen, UWTSD
Final Discussion

4.00 End

